



Soccer Curriculum

JUNIORS

Purpose & Philosophy



TSC Hurricane is Oklahoma's largest and most innovative soccer club where our **mission is to create future stars in the game of soccer and in life.**

In keeping with this philosophy, TSC Hurricane has developed a club training curriculum. The TSCH curriculum is based on the standards set by US Soccer. Because age influences how children learn, the TSCH curriculum is to serve as a guideline for coaches and will ensure continuity in technically based, age-specific training. An essential element of the curriculum is age-specific, technical training sessions to be used club wide. These technical sessions are in line with US Soccer standards and will use the following format: a dynamic movement component, age-specific technical exercises, a club-recommended staple game that emphasizes the technique, and an ending game at goal.

By utilizing the technical session early in the week, coaches should then plan a second session building upon the technique trained. Further emphasis of the technique should then be incorporated as part of the warm up for that weekend's game. In addition to the technical-based soccer training, specific life lessons will also be introduced in the curriculum as part of our on going mission of creating future stars in the game of soccer and life.

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A **Attempt** → **Aspire** → **Achieve**

B **Boredom** ↔ **Burnout**

C **Comfort** → **Competitive**

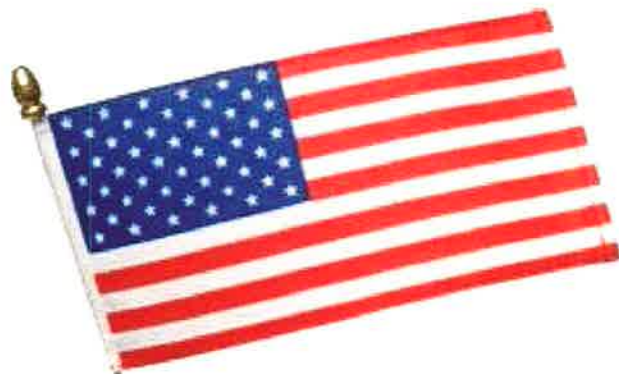
Teamwork
Respect
Persistence
Confidence
Composure
Positive
Motivation
Patience
Determination
Courage
Toughness
Honesty
Achievement (goals)
Focus (Concentration)



**Creating future stars
in the game of soccer
and in life.**



Life...



**We pledge allegiance to the GAME
of the United States of America.**





9220 World Cup Way
Frisco, TX 75034

To Whom It May Concern:

I am writing in reference to Mr. Matt Howe regarding the completion of his Masters of Sports Pedagogy degree. I am the Interim Technical Director for US Youth Soccer. US Youth Soccer is the largest member of the United States Soccer Federation, the governing body for soccer in the United States. US Youth Soccer is a nationwide body of over 600,000 volunteers and administrators, and over 300,000 dedicated coaches, most of who also are volunteers. US Youth Soccer registers over 3,000,000 youth players between the ages of five and nineteen. US Youth Soccer is made up of 55 member State Associations; one in each state, and two in California, New York, Ohio, Pennsylvania and Texas. US Youth Soccer is a non-profit and educational organization whose mission is to foster the physical, mental and emotional growth and development of America's youth through the sport of soccer at all levels of age and competition. Our job is also to make it fun, and instill in young players a lifelong passion for the sport. Complete details on US Youth Soccer can be found at:
<http://www.usyouthsoccer.org/aboutus/WhatIsYouthSoccer.asp>.

As the head of the US Youth Soccer Technical Department I oversee player development and coaching education across the USA. A corner stone in our coaching education scheme is the National Youth License. The National Youth License, a U.S. Soccer course, focuses upon the nature of children and the adjustments adults must make to coach them. The course curriculum covers the ages of 4-12 years old. Each day of the course, the focus is upon one of the traditional soccer age groups of U6, U8, U10 or U12. Further information on this valuable coaching course is found at: <http://www.usyouthsoccer.org/coaches/NatYouthLicense.asp>.

Coach Howe serves as one of our instructors for the National Youth License course. Matt is quite familiar with the curriculum of the course. This includes a particular methodology of coaching with a focus on game-like activities – akin to the Teaching Games for Understanding approach. The lesson plans he has provided to you for the U6, U8, U10 and U12 age groups follow this coaching method and are age appropriate. Furthermore we advocate the use of guided discovery as a teaching tool with our coaches. The coaching points in Matt's lesson plans follow suit with guided discovery.

I believe the documents Coach Howe has produced are ones that we will share with our coaches nationwide. They reflect a set and proven coaching method that is practical in its use as well as sound theoretically. Please do not hesitate to let me know if I may be of further assistance to you regarding Coach Howe's post graduate studies.

Sincerely Yours,

Sam Snow

Interim Technical Director – US Youth Soccer



FAX: 972.334.9960
USYouthSoccer.org

972.334.9300
1 800.4SOCCER