



**BASC Recreational Youth Soccer**  
**7v7 U9/10 Program Official Rules and Policies**  
*(FIFA/USYS/OSA Laws and Policies as amended by BASC 8/2016)*

*All rules herein are for BASC Closed League matches and supersede FIFA, USYS and OSA rules for recreational soccer. Items not specifically addressed herein shall conform first to OSA rules then USYS and then FIFA. For play outside of BASC Closed League OSA rules shall apply.*

**Law I - Field of Play**

- A.** Field dimensions: The field of play shall be rectangular. Its length being no more than sixty five yards (65) yards or less than fifty five (55) yards and its width not more than forty five (45) yards or less than thirty five (35) yards. The length in all cases shall exceed the width. *BASC U9/10 fields are a maximum of 65x45.*
- B.** Field Markings
1. Distinctive lines not more than five (5) inches wide.
  2. A halfway line shall be marked out across the field.
  3. A center circle with a six (6) yard radius.
  4. Four corner arcs with a radius of one (1) yard.
  5. Goal area: one (1) yards from each goal post and four (4) yards into the field of play joined by a line drawn parallel with the goal line.
  6. Penalty Area: Two lines are drawn at right angles to the goal line, Four (4) yards from the inside of each goalpost. These lines extend into the field of play for a distance of ten (10) yards and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the penalty area. Within each penalty area a penalty mark is made seven (7) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of six (6) yards from each penalty mark is drawn outside the penalty area.
  7. A Build Out line will be drawn equidistant between the penalty area line and the halfway line and shall extend the width of the field.
- C.** Goals: The size of goals to be a maximum of 18.5 x 6.5

**Law II – Ball** Size four (4)



### **Law III – Number of Players**

- A. Maximum number of players on the field per team at any one time is seven (7), one of which is a goalkeeper. The minimum number of players to start the match is five (5).
- B. Maximum number of players on the roster should not exceed twelve (12).
- C. Substitutions:
  - 1. Unlimited.
  - 2. At any stoppage of play.
  - 3. Players shall enter the field at the halfway line with the permission of the Referee.
- D. Playing time: Each Player shall play a minimum of 50% of the total playing time.
- E. Teams and games may be coed.

### **Law IV – Player’s Equipment**

- A. Footwear: Soft-cleated soccer shoes.
- B. Shin guards: **MANDATORY**

### **Law V – Referees**

- A. Registered USSF 09 Referee or higher

### **Law VI – Assistant Referees** TBD

### **Law VII – Duration of Game**

- A. The game shall be divided into two (2) equal halves of twenty-five (25) minutes each.
- B. There shall be a half time interval of ten (10) minutes.

### **Law VIII – Start of Play** Conforms to FIFA Laws of the Game, with the following exceptions:

- A. Opponents must be eight (8) yards from the center mark while kick-offs are in progress (*outside the center circle*).

### **Law IX –Ball In and Out of Play** Conforms to FIFA Laws of the Game

### **Law X – Method of Scoring** Conforms to FIFA Laws of the Game

### **Law XI - Offside** There shall be offside indicated at the attacking buildout line.



**Law XII – Fouls and Misconduct** Conforms to FIFA Laws of the Game

**Law XIII – Free Kicks** Conforms to FIFA Laws of the Game with the following exceptions:

A. Opponents must be eight (8) yards away before kick is allowed.

**Law XIV – Penalty Kicks** Conforms to FIFA Laws of the Game with the following exceptions:

A. The penalty mark is made ten (10) yards from the midpoint between the goalposts and equidistant to them.

**Law XV – Throw In** Conforms to FIFA Laws of the Game

**Law XVI – Goal Kick** Conforms to FIFA Laws of the Game

**Law XVII – Corner Kick** Conforms to FIFA Laws of the Game with the following exceptions:

**Deliberate heading** is not allowed in 7v7 games. If a player deliberately heads the ball in a game, an indirect free kick shall be awarded to the opposing team from the spot of the offense. If a deliberate header occurs within the goal area, the indirect free kick shall be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

A. Opponents must be eight (8) yards away from the ball.



## **Additional BASC U9/10 Rules**

**Roster Size:** Teams are to be formed with a maximum of 12 players; the recommended roster size is ten (10) players.

**Uniforms:** Team uniforms shall consist of like colored jerseys, shorts and socks. Each player shall have a number on the player's jersey. The number shall be affixed to the back of the jersey and shall be clearly visible. Each player on a team must wear a number different from the number of every other player on their team. The official team roster shall include the number of each player's jersey. No player names on jerseys.

The home team will wear lightest colored jersey. The away team will wear the dark jersey. Unless agreed upon by both coaches, the team not wearing the correct uniform will be required to change. Goalkeepers must wear colors that distinguish them from the other field players.

Pennies or targets may be worn over jerseys in the event of a color conflict; subject to the approval of the Referee.

Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Undershirts exposed from beneath jerseys must be the same or similar color of the jersey.

Any sponsor's names, logos or other wording/graphics must be approved in advance by the BASC Board.

Socks must cover shin guards and color must be consistent for the team. Any tape applied must be consistent with the sock color.

**Practices:** Three team activities per week including games, practices, scrimmages, classroom training, etc. No single activity shall exceed 90 minutes in duration with the exception for a fifteen (15) minute allowance for warm up prior to the start of physical activity. Weeks are considered Saturday through the following Friday.



*Non-soccer related activities such as team parties, team fundraisers, volunteering, etc. are not considered team activities/practices in respect to this rule.*

**Team/Spectator Seating:** Teams shall be seated on the side of the field having technical area markings and player benches (where installed). Coaches are required to remain within their respective technical areas unless invited onto the field of play by the Referee. Only official team coaches/managers as listed on the game form may be in the technical areas and provide instruction to players. Providing coaching instructions from outside of the technical area is not permitted.

Spectators shall be seated on the opposite side of the field from the teams (where bleachers are installed on the large fields) and must remain behind the painted standoff line.

There shall be NO ACTIVITY in the PENALTY AREA (large box in front of the goal) of the U9-U19 fields pre-game, during halftime or post-game. Teams may be fined \$75 for any such activity by their coaches, players or spectators (this includes children).

There shall be no climbing of trees, fences, goals, nets or other structures not specifically designed for such by any person. There shall be no coaches or spectators behind the goal lines.

*Please Note: The U9-U19 seating arrangements are voluntary for the Spring 2014 regular season – however BASC encourages teams to comply and provide feedback to the club regarding this new policy. Teams choosing not to voluntarily participate should notify the opposing coach prior to the match and comply with the seating arrangements listed for the younger age groups.*

**Sideline Behavior:** Coaches and spectators should keep all comments positive and supportive of the players. Spectators should refrain from providing playing instructions to the players which should only be done by the coaching staff. No referee abuse will be tolerated. Coaches may be cautioned or sent off by the referee for behavior in violation of the BASC Code of Conduct by the team's staff, players or their respective spectator sidelines.

**Grounds Clean-Up:** Each team shall clean up their respective areas before leaving.



**Match Officials:** All matches are to be officiated by a center referee, and 2 other match officials as ARs.

**Coaching:** All persons coaching BASC players must be registered with the club and have an approved background check. Only registered/approved coaches, assistant coaches, trainers and managers may coach games or participate with players during team activities practice. Coaches are only permitted on the field with the referee's permission at a stoppage of play.

**Medical Devices:** All medical devices (casts, supports, braces, etc) are subject to the approval of the referee with respect to player safety. Players with medical devices should have them padded in advance of the game and check in with the referee or at the HQ building prior to the match for approval.

**Slide Tackles:** Slide tackles shall be permitted.

**Mercy Rule:** There will be a 10 goal mercy rule if the losing coach requests it. The Mercy Rule cannot be applied until the first half has ended. The losing coach must notify the referee at half time if invoking mercy rule.

**Post-Game Sportsmanship:** All players and coaches should congratulate each other for a game well played with handshakes/high fives along the halfway line. Parents are encouraged to form tunnels and cheer for players as they return to the side lines.

**Scores/Standings:** All scores are to be recorded on the game form by the referee and verified by each coach at the conclusion of the match (if a result or score is to be protested the coach should note such on the game forms and must file a protest in writing to BASC within 72 hours). The referee will give the completed forms to the winning team or home team, in case of a tie, at the conclusion of the match.

After each game, the coach in possession of the Game Forms is to phone in the score to Got Soccer using the phone #, Event ID and Pin # at the top of the game form. Coaches must maintain the game forms, in their possession, until 30 days after the season is over. Coaches must provide, to BASC, any game form requested.



**Playing Time/Substitutions/Rotations:** All recreational players are required to play at least 50% of each game for which they are present and physically able to play. Organized rotations are very important and coaches should maintain documentation of rotations for each game. Games/coaches will be periodically reviewed for compliance by the club. Coaches found to not be in compliance with this rule are subject to disciplinary review.

Substitutions may be made at any stoppage of play with the permission of the referee and are unlimited. Players shall enter the field at the halfway line as the exiting player steps off the field or as otherwise permitted by the referee. In the event a substitution is requested just as play is to restart or when the substitute is not ready; the referee has the discretion to order play to be restarted despite the request so long as the coach is afforded a substitution at the next opportunity. The referee may also add time to the match for substitutions made in an effort to waste time.